If you need to talk to someone about anything that's not an emergency, you can call or chat online to:

- Kids Helpline to talk about stuff generally on 1800 55 1800 (www.kidshelp.com.au)
- eheadspace to talk about tough times or mental health issues on 1800 650 890

(www.eheadspace.org.au)

- 1800RESPECT to talk about sexual assault or family/relationship violence on 1800 737 732 (www.1800respect.org.au)
- Lifeline to talk about suicide and life crises on 13 11 14 (www.lifeline.org.au).

# Get free and confidential legal help

For free and confidential legal advice:

lawmail.org.au

For free legal information: yla.org.au

For general enquiries: admin@yla.org.au

(02) 9385 9588 (Monday - Friday, 9am -5pm)



helping young people since 1993

In an emergency situation, please get to a safe place and call 000 immediately

YLA.ORG.AU

# About Youth Law Australia

We are Australia's only national, technology-based community legal service. We are dedicated to addressing the human rights abuses of children and young people in Australia. We believe in equality and justice for all children and young people, and we work to achieve this by connecting and empowering young Australians with free legal information and knowledge. In other words, we work to help keep more children in school, out of trouble and free from bullying, harassment or child abuse.

Free and confidential legal advice for anyone under the age of 25, or asking a question on behalf of someone under the age of 25.

## **Our services**

#### **LEGAL HELP**

We provide free and confidential legal advice, assistance and referrals to young people and their advocates. Anyone under 25 (and their advocate) can request and receive free and confidential legal advice through our innovative online service that is available 24/7. Through early intervention we seek to provide a solution to problems before they escalate. We are proud to provide this service to all children, young people and their advocates across Australia. You can access free legal help by filling out our webform at www.lawmail.org.au

### LEGAL INFORMATION

We provide free fact sheets to explain the law on a range of different issues and how the law applies to young people. Our fact sheets are available 24/7 and can be accessed on any device with an internet connection. You can access our fact sheets for South Australia at https://yla.org.au/sa/topics/